10. Heritage Trail (0.5 mile from Heritage Morgan Park south to South Highlands Trail)
   • From Heritage Morgan Park, follow the sidewalk SE along 139th Ave. SE. Cross SE 89th Place and turn left at the Heritage Trail sign. Follow the trail downhill. On your left, steps ascend to 140th Ave. SE (and another Heritage Trail sign). Continue down the trail, and turn left where it joins the North Highlands Trail; follow the combined trails to the next trail junction, and turn right.
   • Continue south through the center of the Highlands to the South Highlands Trail. The trail crosses SE 90th, passes east of Highlands Park on a utility road marked by bollards, and crosses SE 92nd. Continue straight ahead; the utility road offsets to the right. (The park isn't directly accessible from the trail; to reach it, detour west on 90th or 92nd.)

11. Clubhouse Trail (0.5 mile from golf course clubhouse south down to Meadowview Park)
   • This public trail has been granted by the Golf Club at Newcastle. It is generally open from 10:00 am to dusk, but may be closed during tournaments or other special events. Pass left of the clubhouse. Follow the broad cement golf cart trail down to a snack hut. Pass left of the hut, enjoying the great views, and follow the cart path to a gravel road angling down to the right. Stairs lead down to a gate and Meadowview Park.

12. Meadowview Trail (0.9 mile from the golf course south thru Meadowview to Cougar Mountain Park)
   • This trail is walkable from the golf course, much of it on sidewalks, and has nice views. A trail section goes through Ballybunion Park into Cougar Mountain Regional Wildland Park.

13. Golf Course Trail (1.8 miles from 136th Ave. SE east along Newcastle Golf Club Road to 155th)
   • Head east along the side of Newcastle Golf Club Road from SE 71st Street on a wide gravel trail with ups and downs, woods and meadows. At 155th, head a short distance up the sidewalk. A post marks a trail toward the Red Town Trailhead in Cougar Mountain Regional Wildland Park.

14. Milepost Trail (0.8 mile from Lake Boren Park south thru Milepost to The Highlands at Newcastle)
   • From Coal Creek Parkway follow 135th Ave. SE up through Milepost to Newcastle Elementary School. Turn right on SE 88th Way, and follow a path to an old asphalt road. A pleasant, shady, two-minute walk brings you to stairs. Descend to the Parkway, and follow it south to 91st Street. (Turn left to follow the Highlands Trail to the Terrace Trail, or cross Coal Creek Parkway and walk south, then west on the May Creek Trail.)

15. Terrace Trail (0.7 mile from Highlands Trail (& 144th Place SE) NE to Terrace subdivision)
   • The trail starts opposite the gated back entrance to The Highlands at Newcastle at 144th Place SE & SE 87th Street. It ascends on steps beneath a small cliff. (The Highlands Trail crosses 87th near the gate.)
   • At the first switchback, Erratic Turn, rock steps ascend between large boulders. The next switchbacks are in Boulder Grove, a lovely spot (with bench) where the trail threads between massive fern-covered boulders.
   • Follow the trail upward through ferns and forest to its intersection with the East CrossTown Trail. (Turn left on this informal trail section to reach 141st Ave. SE.) Continue SE on the combined trails, and ascend 52 steps to the Terrace subdivision. (Or continue SE on the Cross Town Trail into Cougar Mountain Park.)

16. China Creek Trail (walkable section behind Lake Boren Townhomes at north end of Lake Boren)
   • From the library walk south on 129th Ave. SE (use sidewalks on west side). Turn left at the Townhomes and walk a short distance east to the trail. Follow the trail on wood chips past wetlands. A spur trail branches left to Lake Boren (and a lakeside bench). When the trail is completed in August 2013, it will loop back to 129th just south of the townhomes. There are no trail signs at present.

19. Hazelwood Trail (0.3 mile from Hazelwood Park west past Hazelwood School to 116th Ave. SE)
   • Leave the CrossTown Trail at the junction inside Hazelwood Park near the SE 73rd Place cul-de-sac and follow the Hazelwood Trail west to 116th Avenue SE. It's walkable (blackberries permitting), and passes through a “town” of rabbit holes. Where it leaves the park, it turns left and hugs the fence on dirt (with weeds), then grass, then gravel, then asphalt. (Where the asphalt starts, look left: a short road provides public access south to 117th Place SE and Lake Ridge.) Continuing west, you'll pass an access path (to Hazelwood Elementary School). The trail continues down a long flight of stairs to 116th Avenue SE.
2. Waterline Trail (1.5 miles from Newcastle Way south past Lake Boren Park to May Creek Park)
   - **North Extension in Bellevue: From Newcastle Way the trail goes north into Bellevue (the Newport Hills community). At SE 60th there's a small park on the right. Cross the street and walk east a short way under the power lines: angle left, descent steps into the woods, and follow a lovely footpath to the Coal Creek Trail. Cross Coal Creek Parkway at Forest Drive. Bellevue is putting in a trail from a new parking lot just up Forest Drive down to the old parking lot at “The Dip.” The Coal Creek Trail and Primrose Trail are being rebuilt.
   - From the south side of Newcastle Way of Sweet Decadence, go south on Seattle Public Utility’s water line right of way and cut left across 120th Ave SE. (From Downtown SE and 73rd Place and cut left across 120th Ave. SE. (From SE 60th there's a small park on the right. Cross the street and walk east a short way under the power lines: angle left, descent steps into the woods, and follow a lovely footpath to the Coal Creek Trail. Cross Coal Creek Parkway at Forest Drive. Bellevue is putting in a trail from a new parking lot just up Forest Drive down to the old parking lot at “The Dip.” The Coal Creek Trail and Primrose Trail are being rebuilt.)
   - From the south side of Newcastle Way, head south on a gated power line corridor across private property and public open space. Cross SE 80th Ave and turn left on the Coal Creek Trail. Continue south on the utility corridor above Lake Boren Park. Continue south on the utility corridor above Lake Boren Park. Cross SE 84th Way, and head south down a gated, broad utility corridor lined with trees. (Soon you'll see the **Olympus Trail** on your right, branching west up to Eden's Grove and Olympus.) Continue south across SE 89th Place into May Creek Park. Follow the corridor to a May Creek overlook. (Or veer right through an opening in the trees to the May Creek Trail.)

3. May Creek Trail (2.3 miles from Coal Creek Parkway west past the Waterline Trail to Windtree)
   - **Creekside Section (1.0 mile from Coal Creek Parkway, SE 91st, NW to the Waterline Trail) [construction]
   - From the traffic light at SE 91st St, head south on the west side of Coal Creek Parkway. (From the east side, the Highlands Trail heads east: the Milepost Trail heads north, mostly on sidewalks, to Lake Boren Park.)
   - Turn right onto an asphalt pathway, head west to the woods, and follow a gravel path as it curves left and then descends in a graceful switchback to a wide footbridge across Boren Creek. Enjoy the flowing water, cross the bridge, and walk a short distance to May Creek. Relax, or picnic, at the confluence of the two creeks.
   - From the confluence, the trail is under construction: parts of it may be muddy, or difficult, or unsafe. (You can speed the construction by joining a Newcastle Trails work party. See www.NewcastleTrails.org.) It rises to an overlook, past an old mail truck veers left, and reaches the rail trail section of the May Creek Trail near the Waterline Trail south of SE 89th Place. Turn left onto the rail trail (or turn right to the Waterline Trail).

Rail Trail Section (1.3 miles from Waterline Trail west to Windtree)
   - **To reach the start of the rail trail from Lake Boren Park, follow the Waterline Trail south. Cross SE 89th Place, and veer right onto the May Creek Trail.
   - Westbound, the trail generally follows the broad, flat roadbed of the old Seattle and Walla Walla Railroad through cuts and over fills, mostly in woods, parallel to (and well above) May Creek. At Bartrum Station, where 124th Ave SE enters from the north, the trail follows a sometimes muddy park road used by adjacent neighbors. Turn left between boulders. The trail leaves the (usually wet) railroad bed and meanders under old fruit trees. It rejoins the railroad grade at a small footbridge, continuing around large trees and old landscapes.
   - At “Milepost 16” (from the Seattle waterfront), a large tree fell across the trail. Several yards past it, still visible below the trail, are footing mounds for a huge wooden trestle that headed west and then curved south over May Creek to Kennydale. The access trail continues on; ascending steps to SE 93rd Street in the Windtree subdivision. The park bench at the top is a gift of the local Chamber of Commerce and Newcastle Trails. It is to descend to a bridge over May Creek, and follow the creek to Lake Washington.)

4. Lake Boren Espanlade (0.7 mile from Newcastle Way south on Parkway to Lake Boren Park)
   - From the City Center at Newcastle Way & Coal Creek Parkway, head west on the south side of the parkway past McDonald's. At the next intersection, you'll see China Creek on your right, flowing through a meadow to Lake Boren. (At SE 79th Place, you can cross to the East CrossTown Trail, which follows the shoulder of the roads to Beit Tikvah.)
   - The Espanlade ends just south of 135th Ave SE. Four options: (1) The West CrossTown Trail heads west from 135th Ave SE into Lake Boren Park. (2) The Milepost Trail goes east on sidewalks along 135th Ave. SE to Newcastle Elementary School. (3) The Highlands Trail goes east on sidewalks along SE 91st St. (4) Just south of SE 91st St., just before the retention pond, the May Creek Trail heads west into the woods.

5. Horse Trail (0.7 mile from Donegal Park south to 84th Street Trail)
   - From SE 74th Street, head south on a gated power line corridor across private property and public open space maintained as a lawn. (The CrossTown Trail emerging from the School Woods on the left descends steps to the right.) Detour around a fenced backyard, cross SE 80th Way, and follow a utility road south. (To the right, the 84th Street Trail heads west to 116th Ave. SE.)
   - A brushy trail descends at an obtuse angle down to the right to the hairpin turn at SE 89th Place & 124th Ave. SE. (You can follow 124th Ave. SE to May Creek Park at Bartrum Station, but the shoulders are narrow. Cross SE 89th and detour right.)

6. 84th Street Trail (0.5 mile from 116th Ave. SE east to Horse Trail)
   - Follow 84th Street east, first on a sidewalk, then on a trail in the 84th Street corridor. The trail is walkable, but steep in places. Limited maintenance is done by crews that need to retain a retention pond.

8. **Olympus Trail (0.8 mile from CrossTown Trail south thru Olympus to Waterline Trail)
   - The north end of this trail branches south from the CrossTown Trail just west of the community. It is walkable (blackberries permitting) from here to the Waterline Trail. Follow it uphill to SE 80th Place. It continues south through Olypum in a public trail corridor atop a gas line, unmaintained, sometimes on grass, to SE 86th Place.
   - Cross SE 86th past a trail sign and swing left past a second sign. A recently built trail flanked by blackberries continues east to the Waterline Trail along the north side of Eden's Grove. (A short trail branches south into this new subdivision.)
   - The trail rises to SE 93rd Street in the Windtree subdivision. May Creek Trail south of SE 93rd. Continue south. (You can speed the construction by joining a Newcastle Trails work party. See www.NewcastleTrails.org.) It rises to an overlook, past an old mail truck veers left, and reaches the rail trail section of the May Creek Trail near the Waterline Trail south of SE 89th Place. Turn left onto the rail trail (or turn right to the Waterline Trail).

9. Highlands Trail (1.7 miles from Coal Creek Parkway & SE 91st, looping around Highblands at Newcastle)
   - North Highlands Trail (0.8 miles from Parkway & SE 91st, NE to Terrace Trail)
     - From Coal Creek Parkway at SE 91st Street (the entrance to The Highlands at Newcastle) head east along 91st. Walk a short distance to the crosswalk and turn left. From here, the Highlands Trail loops completely around the Highlands and back to 91st. SE 91st ends at Highlands Park, which you can use as a trailhead (with parking lot).
     - Follow the trail north from 91st through weeds (with some blackberry vines). It soon curves east, crosses a street, and follows a zigzag route northeast. Follow it east as it crosses 139th Ave. SE, descends into a wooded valley, and turns north. (The Heritage Trail enters from the left: you can follow it back to 139th and Heritage Morgan Park, or take the steps up to 140th Ave. SE. Follow the combined trails a short distance as they curve east to a junction, and turn left. (Or turn right and follow the Heritage Trail south to the South Highlands Trail.)
     - Continue north past a cross trail. (It goes right to SE 87th Place in the Highlands, and left to 140th Ave. SE. Follow the combined trails a short distance as they curve east to a junction, and turn left. (Or turn right and follow the Heritage Trail south to the South Highlands Trail.)
   - East Highlands Trail (0.5 mile from SE 87th St. south to Thomas Rose Road)
     - From 87th the trail continues south in the woods to a retention pond, where it turns left (east) to the old Thomas Rose Road. (Just before the road, there's an access to SE 93rd St.) Follow the road (now a tree-shaded dirt track) south past 93rd (the street end is visible on your right), and turn right off the road (which continues to May Valley Road) and continue west on the loop trail.
   - South Highlands Trail (0.4 mile from Thomas Rose Road west to SE 91st St.)
     - From the Thomas Rose Road just south of 93rd, follow the loop west in woods along the south edge of the Highlands. You'll pass an access to 93rd on your right, then an access left to May Valley Road. Further on, the trail forks; head left into a wooded valley. (The right fork is the Heritage Trail, which crosses the loop.) The Highlands Trail ascends a steep slope, passes south of a fenced retention pond, continues west almost to the Parkway, and turns north to complete the loop at 91st. (At the turn there's an access west to the Parkway.)